



Sun Health™  
FOUNDATION

2025

COMMUNITY IMPACT REPORT

TOGETHER WE'RE FUELING BETTER CARE,  
SUPERIOR HEALTH, AND JOYFUL LIVING.



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**We'd like to start by thanking you**—our donors, partners, and members of the communities we serve—for your collaboration and support. The successes outlined on these pages would not be possible without you.

In 2025, we set out to keep our hospitals strong, foster superior health and wellness in our community, and create a genuine culture of giving and community involvement. We delivered on these goals together.

Thanks to your generosity, the expansion of the interventional radiology and endoscopy suite at Banner Boswell is now a reality, bringing West Valley patients faster, safer, and more effective treatments close to home. Your support also helped advance cancer care, strengthen Alzheimer's and Parkinson's research at the Banner Sun Health Research Institute, and provide scholarships that empower the next generation of nurses and medical professionals.

In addition, you helped us sustain and grow our Memory Care Navigator program, bringing much-needed support and guidance to families navigating one of life's most challenging journeys. We expanded no- and low-cost health and wellness programs—from diabetes prevention to wellness classes to massage therapy—meeting people where they are and making healthy living genuinely accessible. And we launched the inaugural LiveWell Conference, establishing Sun Health as a trusted voice on vibrant longevity.

With your support, the Sun Health Resale Shop continued to provide affordable goods to the community while raising funds for Foundation initiatives and serving as a place of connection, volunteerism, and warmth. We also followed the lead of you, our donors, and grew our Better Together employee giving program, raising funds for free community health programs and putting food on tables through partnerships with four local pantries during the holiday season.



**Sharon Orlopp**

Chair  
Sun Health Foundation  
Board of Trustees

**Nora Hannah**

Chief Engagement Officer  
Sun Health Foundation

**Cultivating  
Vibrance  
Together**

The year ahead holds tremendous promise. We will double down on our efforts to advance cancer care, expand free health education opportunities, and grow the footprint of our community wellness programs. We will continue to influence understanding of what it means to live well, recognizing that mental clarity, spiritual peace, and social connection all contribute to vibrant living. Our approach will come to life at our second annual LiveWell Conference, which we believe will put the West Valley on the map as a hub of healthy, purposeful aging.

Together, we will continue to cultivate connection, lifelong learning, and a celebration of purpose at every stage of life.

With warmth and appreciation.



# 2025 SUN HEALTH FOUNDATION GOALS

Keep our hospitals  
**strong**  
to meet growing  
local needs

Foster superior  
**health**  
and wellness in  
our community

Create a culture of  
**giving**  
and community  
involvement

**>\$6.5  
MILLION**

## RAISED IN 2025

### Sun Health Foundation Board of Trustees

- Sharon Orlopp**, Chair
- Terry Smith, J.D.**, Vice Chair
- Larry Vering**, Treasurer
- Daniel Esparza**, Secretary
- Joseph E. La Rue**, President
- Roslyn Beckwith**
- Mary Cavanaugh-Marsh**
- Deborah Damery Lazear**
- Shirley Frizell**
- Greg Gilstrap**

- Cornelius D. Haskell (Neal)**, Ex-Officio, Sun Health Services Chair
- Stan Holm**
- Lew Lancaster**
- Alison McGonagle**
- Mark Reifsteck**, Ex-officio, Sun Health Services, Vice Chair
- Joan Smith**, Sun Health Foundation, Immediate Past Chair
- Sandra Stephenson**
- Jesse Young**



**Joe La Rue**  
President and Chief  
Executive Officer  
Sun Health

**When I reflect on this past year, I return to our roots.** Sun Health was founded on a simple yet powerful belief: the West Valley deserves access to exceptional health and wellness close to home. What began as a grassroots commitment to our neighbors has grown into a lasting promise—one that continues to guide every decision and partnership.

Sixty years later, that promise endures because of you.

Together, we are advancing a vision where people live longer, healthier, and more purposeful lives—where vibrant longevity is not an aspiration, but an expectation. **We recognize that a healthy population is a public good, not merely a private benefit; when we invest in the well-being of every resident, we strengthen the vitality, resilience, and prosperity of our entire community.** Across the West Valley and beyond, we are expanding access to care, strengthening wellness initiatives, and ensuring future generations benefit from a health system defined by excellence and compassion. These commitments are possible because of your generosity and belief in our shared mission.

In 2025, your support strengthened the foundation of healthcare in our region. You reinforced the infrastructure that enables Banner Boswell Medical Center and Banner Del E. Webb Medical Center to deliver leading-edge care, expand critical services, and invest in the workforce that will serve our communities for decades to come—sustaining strong hospitals and a strong West Valley.

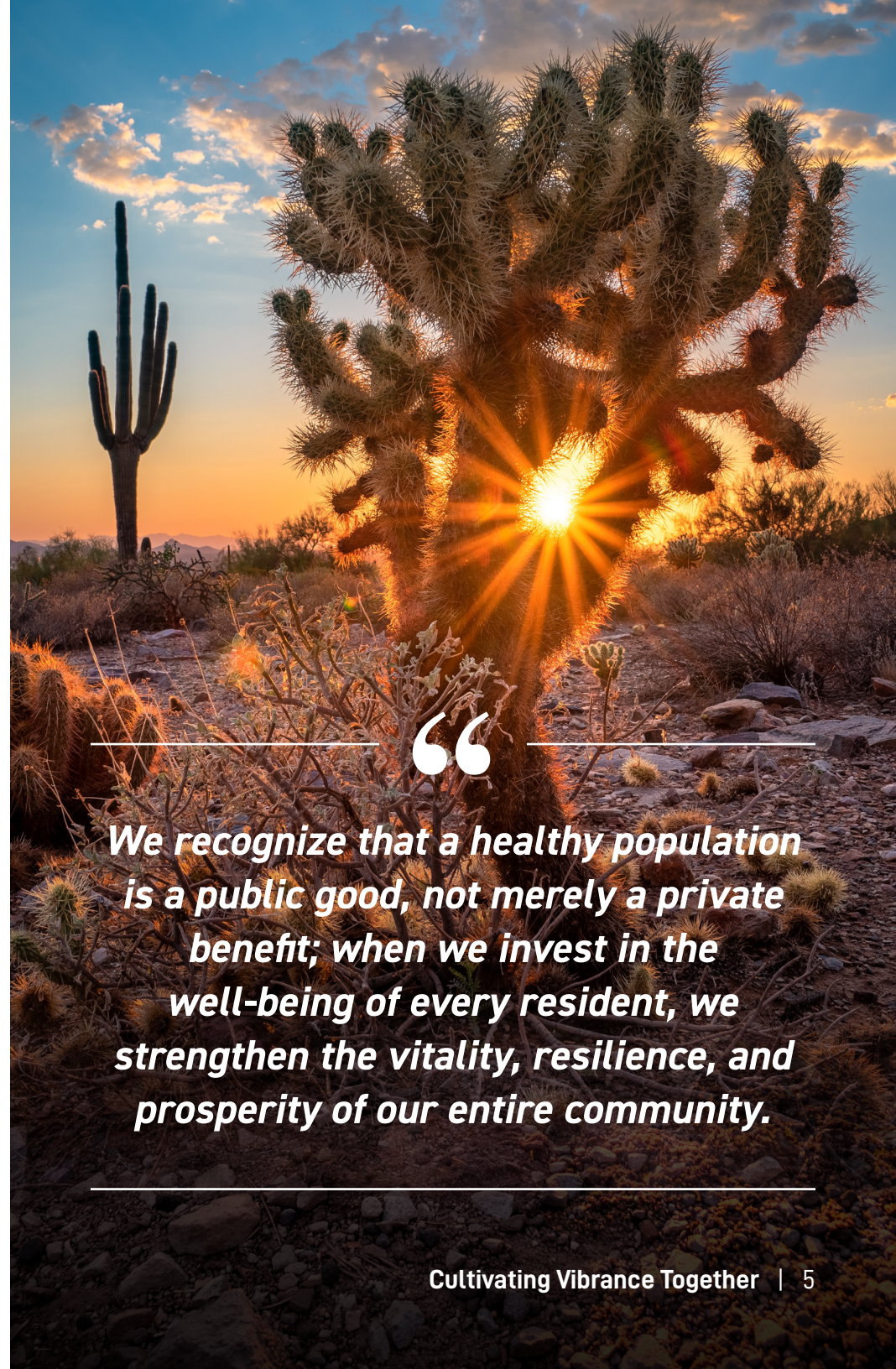
Your generosity also fuels discovery. Through support of memory and movement disorder research at the Banner Sun Health Research Institute, you are advancing innovation and bringing hope to patients and families facing complex neurological conditions—advancing science in ways that extend both quality of life and vibrant longevity.

Beyond clinical care and research, you are helping cultivate a culture where wellness, connection, and purpose are accessible to all. In 2025, you enhanced quality of life for individuals living with dementia and

engaged community members in programs that promote mental and physical vitality. This is how we redefine aging—not as something feared, but as a season of continued growth, contribution, and vibrant longevity.

As we look ahead, your partnership remains central to our progress. Together, we will continue to lead pioneering programs that foster hope and transform aging into something celebrated.

Thank you for making 2025 a year of meaningful impact—and for walking forward with us, united in purpose and ready to do even more.



“

***We recognize that a healthy population is a public good, not merely a private benefit; when we invest in the well-being of every resident, we strengthen the vitality, resilience, and prosperity of our entire community.***



**Stan Holm**

Chief Executive Officer  
Banner Boswell & Banner  
Del E. Webb medical centers

# Keeping Our Hospitals Strong

## **Since the 1960s, community support through Sun Health Foundation**

has enabled the creation and growth of vital health care services for the West Valley, including the construction of Banner Boswell and Banner Del E. Webb medical centers and the launch of innovative programs that directly address the needs of our community.

As the exclusive fundraising arm for our medical centers and a key supporter of the Banner Sun Health Research Institute, Sun Health Foundation supports life-giving services, innovative research, and wellness initiatives. They do this without overhead deductions. This is unique amongst foundations and means that your dollars go farther in enhancing and expanding crucial healthcare services in the West Valley.

Your thoughtful contributions empower us to deliver innovative, superior care. When the foundation raises funds for hospital initiatives, it not only enhances those specific programs but also frees up resources to be strategically allocated in additional areas, amplifying the impact across our two nonprofit hospitals.

Sun Health Foundation donors even impact our healthcare workforce through donor-funded scholarship funds. These programs play a critical role in helping Banner employees pursue the training and education required to advance professionally, supporting retention and the provision of consistent, high-quality patient care.

Our partnership with the foundation is a cornerstone of our ability to champion superior health and wellbeing in the West Valley, supporting advancement of medical research, emergency services, women's health, cancer care, and more.

We are proud to work alongside Sun Health Foundation and grateful for the unwavering support of you, the donors who fuel our efforts to promote health and wellness. Together, we are shaping a future where every individual in our community has access to the best possible care. Thank you for your commitment, trust, and belief in our shared mission.

With deepest appreciation,



# Transforming Brain Health

## BSHRI's 2025 Milestones

In 2025, Banner Sun Health Research Institute (BSHRI) strengthened its standing as a global leader in neuro-degenerative disease research, driving breakthroughs that advance early detection, precision diagnosis, and improved care for individuals affected by Alzheimer's disease, Parkinson's disease, Lewy body dementia, and related disorders.

In December 2025, researchers announced results from the first population based study to use a simple blood test to measure the prevalence of Alzheimer's disease neuropathological changes (ADNC). The findings showed that more than one in ten adults over age 70 may qualify for monoclonal antibody treatments that can slow cognitive decline—far more people than previously estimated.

In November 2025, results from another landmark study led by BSHRI's Dr. Nick Ashton were published, validating that a blood based biomarker (plasma p tau217) can detect Alzheimer's pathology in individuals with Down syndrome with 96% accuracy. This advancement supports earlier intervention and stronger clinical trial participation within a population at extremely high risk.

BSHRI also advanced hope for patients with Lewy body dementia, becoming the first site worldwide to provide early access to Zervimesine, an investigational therapy that has already shown meaningful improvements in daily functioning and communication.

Additionally, innovative bioinformatics research identified new therapeutic gene targets for Alzheimer's disease, opening doors for next generation drug discovery.

Supported in part by Sun Health Foundation, BSHRI continues accelerating discovery, expanding clinical impact, and bringing hope to families in Arizona and beyond. ■



Sun Health Foundation donors and community members enjoy a tour at Banner Sun Health Research Institute.

# A New Era of Care, Made Possible by You

## Banner Boswell Medical Center's Expanded Interventional Radiology & Endoscopy Suite Opens and Transforms Patient Care

When the doors to Banner Boswell Medical Center's new Interventional Radiology and Endoscopy Suite swung open in January 2025, they opened onto a state-of-the-art medical space made possible by the extraordinary generosity of donors like you.

The suite, supported by a \$15 million investment, including \$4.5 million from Sun Health Foundation donors, represents the realization of a multi-year campaign that rallied this community around a shared belief that the people of the West Valley deserve the most advanced, compassionate medical care available anywhere. That campaign didn't end when the last piece of equipment was installed. Gifts continued to arrive through June 2025, and every one of them mattered.

Your investment helped to transform not only the physical space of the suite but also the patient and staff experience. What were once cramped, aging procedure rooms have become spacious, purpose-built spaces triple the size of the previous suites—all consolidated under one roof and outfitted with technology that leaps the program forward by nearly two decades.

### Technology That Changes Everything

The new suite is larger and significantly smarter. Its advanced imaging delivers CT-like 3D images in 2.5 seconds with far lower radiation, enabling providers to manage complex cases once sent to larger hospitals..



Donors James and Gracie Carter Greenwald in front of the donor wall honoring contributors to the expanded Interventional Radiology and Endoscopy Suite, opened in January 2025.

*“I was frightened and concerned about the procedure. From check-in to leaving the hospital, things went perfectly. It was a great experience for an uncomfortable procedure. Very happy and very thankful to all.”*

— Banner Boswell interventional radiology patient

**\$4.5  
MILLION**

RAISED IN 2023-2025 FOR  
THE BANNER BOSWELL  
INTERVENTIONAL RADIOLOGY AND  
ENDOSCOPY SUITE EXPANSION

*“Being treated like family set the mood and was important for my confidence in the team. I now know that in this fast-paced world, it is possible to get people who actually care about what they do in their jobs and care about people.”*

— Banner Boswell endoscopy patient

Among the suite's most significant capabilities is the groundbreaking Ion robotic bronchoscopy system, which enables minimally invasive lung biopsies, a vital tool in the fight against cancer. Other life-changing procedures performed in this space include esophageal dilation, emergency bleeding control, and a wide range of complex biopsies and therapies that previously would have demanded more invasive approaches.

The suite's integrated technology connects seamlessly with each patient's electronic medical record, allowing Banner nurses to document changes in real time without leaving a patient's side. A single touch on the pre-programmable imaging system eliminates up to six manual setup steps, freeing clinical staff to focus on what matters most—the patient in front of them.

## The Human Difference

All of the technology in the world means little if patients don't feel it. In 2025, they did. From check-in to discharge, patients in the new suite experienced care that felt unhurried, personal, and genuinely compassionate.

Room turnover times dropped to an efficient 19 minutes, reducing wait times and anxiety for patients before procedures. The consolidation of the Interventional Radiology and Endoscopy teams into a single, purpose-built wing strengthened collaboration among clinical staff, lifted morale, and created a calmer, more cohesive environment for everyone who walks through the door.

Scope processor upgrades have also enhanced sterilization efficiency, ensuring that patients benefit not only from faster care, but from the highest standards of safety.

Patients also describe feeling pampered, safe, and truly seen. The spacious, thoughtfully designed rooms signaled to each patient that their comfort was a priority, not an afterthought. And the clinical teams, now working in an environment built for them, showed up with the energy and cohesion that define great care.

## Your Gifts Made It Real

The donors who gave in the months after the ribbon cutting were not funding a future dream; they were completing it. These gifts helped to close funding gaps and ensure that the clinical teams who use this space every day had everything they needed to deliver the exceptional care this community deserves.

Because of you, patients across the West Valley receive cancer diagnoses earlier, when treatment is most effective. They recover faster from minimally invasive procedures and benefit from care that is both medically superior and genuinely human. Your support also ensures that the dedicated physicians, nurses, and technologists at Banner Boswell can do their life's work in a space that truly honors it. ■

*“In so many ways, we have taken the current space forward by 17 years—this is tremendous for our patients, providers, and staff.”*

— Erica Dorward, Chief Operating Officer, Banner Boswell and Banner Del E. Webb medical centers

Sun Health Foundation donors and Banner Boswell staff celebrate the opening of the expanded Interventional Radiology and Endoscopy Suite.

IN 2025



ENDOSCOPIES  
PERFORMED  
**5,206**



INTERVENTIONAL  
RADIOLOGY  
ENCOUNTERS  
**2,278**



AVERAGE ROOM  
TURNOVER TIME  
**19 min.**



# Donor Impact at Work

## Advancing Cancer Treatment Close to Home

In 2025, Sun Health Foundation donors contributed \$229,000 to advance cancer care equipment and treatment at Banner Boswell and Banner Del E. Webb medical centers, helping to lay the essential groundwork for Banner's long term effort to expand and enhance oncology services in the West Valley.

Generous corporate sponsors and individual donors helped Sun Health Foundation raise nearly \$70,000 for this effort at its annual Driving FORE Health and Wellness event, which brought spectators and golfers together for a day of tournament-style gameplay and point-scoring golf games. Donor Robin Nay pledged an additional \$25,000 based on the excellent care she received at Banner Boswell when an unexpected medical crisis during a visit to Arizona revealed a lemon-sized tumor on her lung.

Through the care and coordination of her team at Banner Boswell and Banner MD Anderson, Robin underwent a complex surgery and received the compassionate support she needed during a challenging time. Grateful for what she describes as her "dream team" of clinicians, schedulers, and caregivers, Robin chose to give back in a meaningful way. Her generosity reflects the impact that exceptional care can have on patients and their families. ■



Donor Robin Nay presents her generous gift with help from Dr. Brett Broussard of Banner MD Anderson.

TOTAL RAISED  
IN 2025  
**\$229,000**  
TO SUPPORT  
CANCER CARE

# The Next Phase of Cancer Care

## Building Capacity in 2026 and Beyond

As the West Valley continues to grow, so does the need for advanced, accessible cancer care. Banner Boswell's partnership with MD Anderson has already opened the door to top-ranked clinical expertise and nationally recognized treatment in the West Valley. But with cancer incidence rising and the region expanding, demand is quickly outpacing capacity.

Today, Banner Boswell serves patients across a wide spectrum of cancers, from breast and urologic to melanoma, colorectal, GI, sarcoma, and more. Over the next several years, the program plans to add eight new oncology surgeons, dramatically increasing the number of patients who can remain in their community for care.

Through partnership with Sun Health Foundation and its donors, the next chapter will help transform cancer care in the West Valley for decades to come.

Meeting that growth requires an equally strong investment in the full continuum of treatment, including diagnosis, surgery, survivorship, and especially radiation. Many patients need radiation therapy multiple times a week for several weeks. Yet the campus currently relies on a single, aging linear accelerator operating at full capacity. When maintenance or scheduling conflicts arise, patients must travel to other locations, adding burden at an already overwhelming time.

Along with bringing more physicians on board, the planned expansion includes adding a second linear accelerator and enlarging clinical space, significantly increasing access to advanced treatment for our communities. ■

### Cancers with highest incidence in Arizona

- 1 Breast
- 2 Prostate
- 3 Lung and bronchus
- 4 Uterine corpus
- 5 Melanoma of the skin

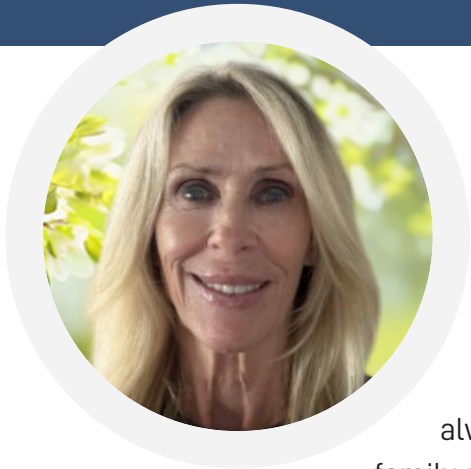
### Cancers with highest mortality in Arizona

- 1 Lung and bronchus
- 2 Breast
- 3 Prostate
- 4 Colorectum
- 5 Pancreas

SOURCE: AMERICAN CANCER SOCIETY

# Faith Over Fear

## One Woman's Journey Through Cancer and Back



Carolyn Nannenga spent most of her life in Garden Grove, California, before moving to Buckeye, Arizona, for her husband's job. A former certified nursing assistant with a passion for medicine, she was always caring for others, including

family, neighbors, and fellow church

members. Health and wellness guided her daily life, whether eating clean, drinking turmeric and ginger tea, or walking 10,000 steps a day.

In May 2024, while visiting her children and grandchildren in California, Carolyn suddenly felt her whole body give out. "I was terrified and wondered if I was having a stroke," she says. Her daughter called 911, and at UCI Medical Center, tests confirmed she had not had a heart attack or stroke.

Months passed with continued fatigue. "I know my body, and something was not right," recalls Carolyn. Despite normal bloodwork, she pushed for more testing. "Self advocacy is key," she says. "You have to fight for yourself; your life depends on it." A CT scan revealed a lung growth, and a December 2024 PET scan showed it had increased. In January 2025, she



Carolyn (center) with family and members of the Banner MD Anderson care team, including Dr. Brett Broussard (in stripes).

was diagnosed with non small cell lung cancer, specifically adenocarcinoma.

"I couldn't believe the diagnosis; I couldn't even say the C word," she says. Leaning on her faith, she reminded herself, "You have to live your life in faith, not fear."

In February 2025, she met thoracic surgeon Dr. Brett Broussard at Banner MD Anderson Cancer Center. "The first time I met him was like God sent me an angel," she says. "He is one of the

Carolyn embracing life, faith, and hope in Hawaii with her husband, kids, and grandchildren.



most compassionate, humble, kind people you'll ever meet." His unhurried, attentive approach quickly put her at ease. "Dr. Broussard always spent 90 minutes with me and my husband; he became a friend to us."

He recommended an upper right lobectomy. On surgery day, Carolyn asked to pray over every team member, and they agreed. "I prayed over everyone and with everyone," she shares, feeling deeply supported.

Determined to recover quickly, she walked hospital halls with nurses and her husband, whom she lovingly calls, "Dr. McDreamy." However, on day two, she developed atrial fibrillation. She added cardiologists to her care team and began Amiodarone and other medications, which caused severe side effects. Still, she stayed hopeful, telling herself, "Every trial, every moment you've kept going is shaping something far greater than you can see."

By late March, she was back in Dr. Broussard's office, bracing herself for the results. He began with, "Let's get right to it." Then came the news: "We got it all and the second tumor was benign. In fact, all of the nodules were benign." Relief and joy filled the room. "I thank God for saving my life, and Dr. Broussard, and all the friends and family who faithfully prayed for me," she says.

Today, Carolyn continues her healthy routines, dog sits for neighbors—she is particularly fond of Charlie the pitbull—and gives herself grace on tiring days: "You know what? This is okay. It's okay to rest." She dreams of visiting hospital wards to read to children and simply wants to bring sunshine into people's lives, staying true to who she has always been but with an even stronger drive for supporting those walking difficult roads.

Stories like hers are made possible, in part, by donors who believe in exceptional cancer care close to home. Sun Health Foundation is proud to support Banner MD Anderson, ensuring compassionate care remains available to those who need it. "Someone will find hope based on what you've been through," Carolyn believes. Thanks to community support, that hope will always have a home. ■

# Where Excellence Shows Up Every Day

## Inside the Banner Del E. Webb Emergency Department

The Emergency Department (ED) at Banner Del E. Webb Medical Center is where the community turns when it needs help most. In urgent, frightening, and unpredictable moments, the quality of care a patient receives makes all the difference. The Banner Del E. Webb ED team understands that deeply, and in 2025 their commitment earned recognition that affirmed what patients and colleagues already knew—this team is defined by exceptional skill and compassion.

### A Culture Built on Collaboration

What sets the ED apart is the culture its team has built. Monthly interdisciplinary meetings strengthen communication and care, while behavioral health rounding ensures whole person support. Even amid change, the team adapts without disrupting patients. Their dedication to each other, continuous learning, and excellence earned them the nationally respected DAISY Team of the Year award for outstanding nursing led collaboration.

### Leadership That Lifts Everyone

Exceptional care requires exceptional leadership. DAISY Leader of the Year Maricar (Cai) Helera, who joined the ED in April 2025, immediately elevated expectations. She understands her team's

strengths and challenges, creating an environment of trust, support, and growth. She has also strengthened partnerships with imaging, environmental services, lab, facilities, and biomedical teams, recognizing that seamless patient care depends on unified collaboration.



Dr. Bill Mostow brings the same standard as the ED's medical director. Named the 2025 BEE (Being Exceptional Everyday) Leader of the Year, he is known for his approachability, humility, and genuine investment in others. He champions clinical improvements that lead to better outcomes and mentors providers and staff with dedication that shapes careers.

Colleagues describe his leadership as transformative for both the department and its patients.

### Your Investment at Work

Excellence in the Banner Del E. Webb ED is built through investment in people, professional development, and the tools

clinicians need. Every gift to hospital initiatives frees resources for critical areas like the ED. With continued partnership, the ED will keep setting and exceeding the standard for emergency medicine for every patient who walks through its doors. ■

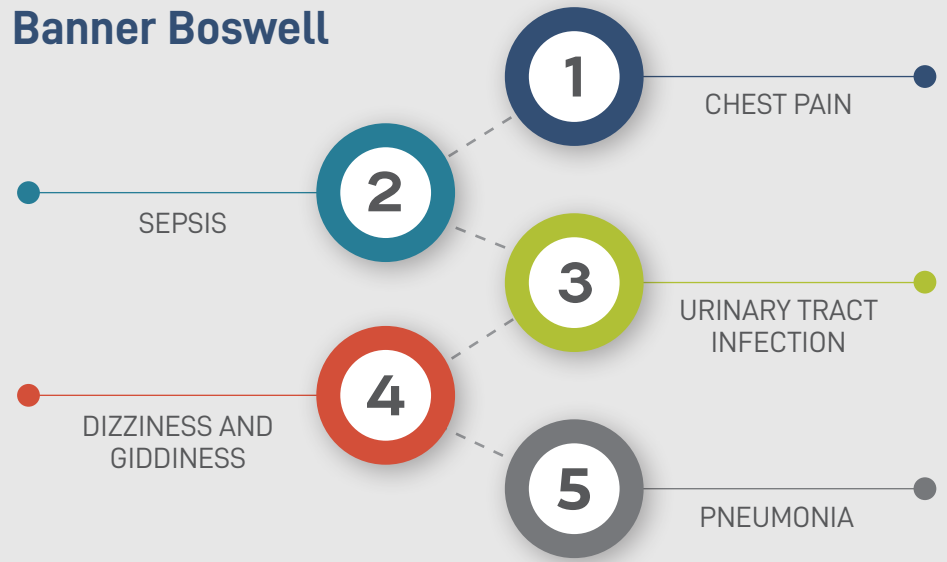
### Average Age of Emergency Department Patients

Banner Boswell  
**64 years**

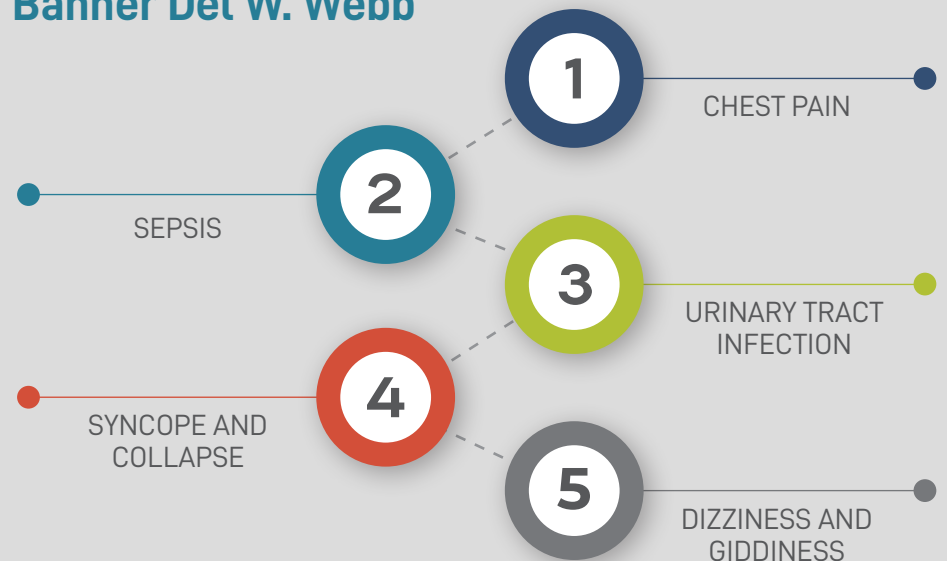
Banner Del E. Webb  
**60 years**

## Top 5 Diagnoses – Emergency Department

### Banner Boswell



### Banner Del W. Webb



# Q & A with Cai Helera

## 2025 DAISY Leader of the Year

Cai Helera, RN, received the 2025 DAISY Leader of the Year award for her exceptional leadership, compassion, and commitment. Cai leads a team in the emergency department (ED) at Banner Del E. Webb Medical Center. We spoke with her about her approach and her team, which also earned the 2025 DAISY Team of the Year award.

### ***What has shaped the kind of leader you are today?***

Selflessness, humility, and gratitude are values that guide the way I lead and care for others. They were instilled in me early on and have shaped every step of my journey.

### ***What motivates you on hard days?***

On difficult days, I remind myself that these moments are exactly where growth happens. Challenges push us to learn, think creatively, and find better ways to collaborate.

### ***How do you keep your team grounded during stressful or emotional shifts?***

We remind each other that patient care is why we're here. Our community relies on us, and it is a privilege to support people during some of their hardest moments.

### ***How does collaboration with other departments impact patient outcomes?***

When we work together instead of in silos, patients feel our unity and commitment. It builds trust, strengthens confidence, and ensures they feel supported by an entire team.

### ***How do you help to ensure that patients feel heard and cared for?***

We strive to show that our patients are never alone. We care out loud, guiding them with clarity and compassion, so they can feel confident about what comes next.

### ***What do you hope patients feel when visiting the Banner Del E. Webb ED?***

Our hope is that every person who walks through our doors feels supported, valued, and genuinely cared for—that they feel the strength, unity, and heart of our team. ■



***“We are invited into patients’ lives at their most vulnerable moments, and we must always recognize the honor in this work and the power we hold to bring comfort, dignity, and hope when it matters most.”***

—Cai Helera, RN, DAISY Leader of the Year awardee

# Investing in People How Scholarships Are Building the Future of West Valley Healthcare

Every great hospital is, at its core, a community of people, including nurses, technicians, aides, and specialists who show up every day to deliver skilled, compassionate care. Keeping those people supported, growing, and committed to the communities they serve is one of the most important investments any health system can make, and it starts with education.

In 2025, donor-funded scholarship programs awarded 201 scholarships totaling over \$347,301 to employees of Sun Health, Banner Boswell Medical Center, and Banner Del E. Webb Medical Center. These scholarships are not only helping individuals achieve their dreams but also building a critical pipeline of qualified professionals to address the growing healthcare needs of West Valley communities.

When donors invest in an employee who wants to advance from a nursing assistant to RN, from an RN to a nurse leader, or from a caregiver to health care administrator, they are retaining a committed team member, elevating the quality of care at our hospitals and communities, and strengthening the workforce for years to come

Scholarship recipients and their guests listen to speakers at the Warren D. Ruff Scholarship Gathering.



Warren D. Ruff Scholarship recipients with Banner and Sun Health leaders.



## Warren D. Ruff: A Legacy Built on Gratitude

Nursing is one of the most in-demand professions nationwide, including in Arizona. Our largest scholarship program honors Warren D. Ruff, a man who deeply valued exceptional nursing care.

Warren, a CPA and community servant who spent his later years at Freedom Plaza in Peoria, was profoundly moved by the nurses who cared for him. When he passed in May 2018 at age 97, he left a \$6.4 million scholarship fund designed to award about 5% annually, creating a lasting source of educational support for Arizona nurses.

In 2025, the Warren D. Ruff Scholarship supported 114 nurses and nursing-related professionals with \$218,871 in awards, helping them advance their careers while serving West Valley patients.

Warren's legacy shows how one act of gratitude can continue transforming lives long after the donor is gone. ■

Scholarship recipients, committee members, and guests applaud for recipient Edgardo Felix at the Warren D. Ruff Scholarship Gathering.



## 2025 Scholarships

**114** WARREN D. RUFF SCHOLARSHIPS  
**\$218,871** AWARDED

**38** SHEPHERD OF THE HILLS NURSING  
SCHOLARSHIPS  
**\$50,000** AWARDED

**14** GRANDVIEW TERRACE SCHOLARSHIPS  
**\$20,831** AWARDED

**9** LA LOMA VILLAGE SCHOLARSHIPS  
**\$14,267** AWARDED

**26** THE COLONNADE SCHOLARSHIPS  
**\$43,332** AWARDED

# Scholar Spotlight

# Danielle Willars

## Turning Support into Lifelong Impact

As an RN on Unit 5C at Banner Del E. Webb Medical Center, Danielle Willars spends her days caring for patients at some of the most vulnerable points in their lives. Working on a progressive care unit specializing in oncology, she has come to understand that nursing is as much about compassion and support as it is about technical expertise. "Healthcare is not just about clinical skill," she says. "It is about presence, advocacy, and being steady when someone else's world feels unsteady."

That philosophy guides Danielle not only at the bedside but also in her pursuit of her Doctor of Nursing Practice in the Adult Gerontology track at Arizona State University. Returning to school while working full time has been one of her most challenging and meaningful experiences. Inspired by her mother's immigration from the Philippines and her father's journey into nursing, she views education as a pathway to stability and service.

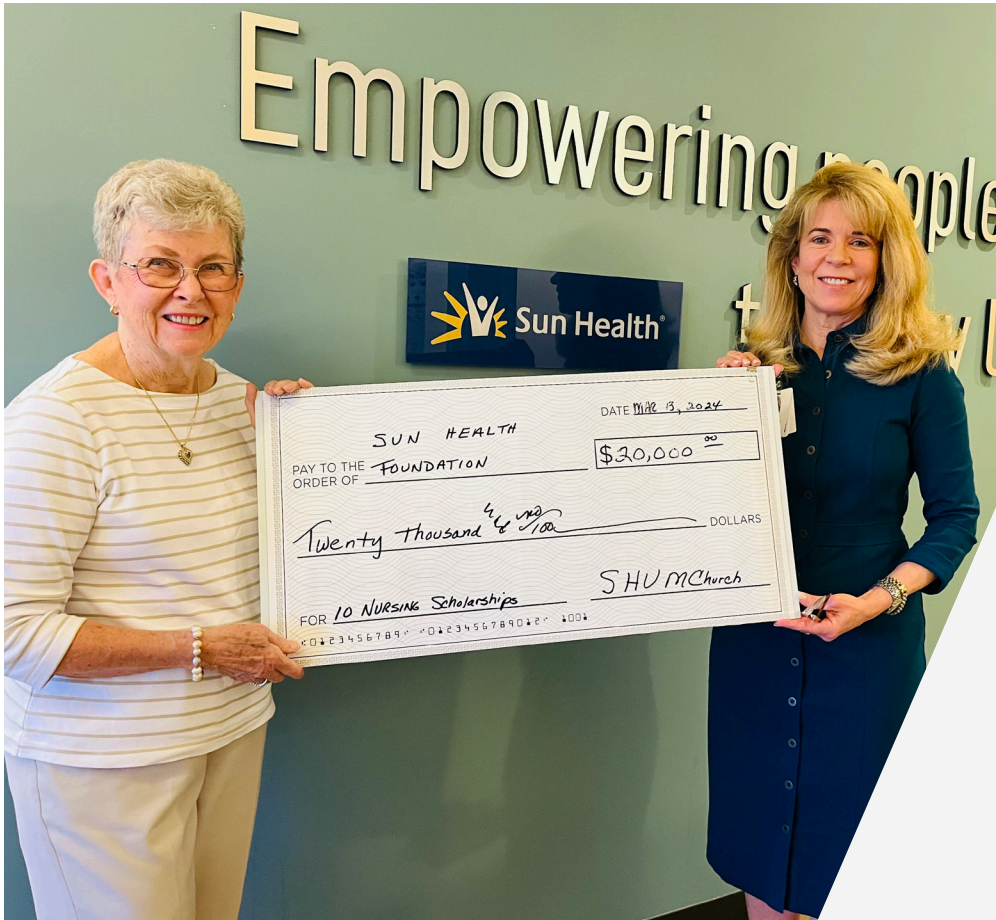
Balancing demanding graduate studies with clinical work and financial pressures can be overwhelming. Receiving the Warren D. Ruff Scholarship for four consecutive semesters has eased that burden. "It is hard to study advanced pharmacology while also thinking about tuition," she says. "You have lifted a weight so I can focus on becoming the provider my patients deserve."

This support also fuels Danielle's vision to care for older adults with expertise and compassion, influence healthcare systems, and mentor future nurses. She feels a strong responsibility to honor those investing in her future and in the well being of her patients.

"Thank you for believing in students like me," Danielle says. "Thank you for strengthening the future of healthcare in our community." ■



# Shepherd of the Hills When a Congregation Becomes a Force for Good



Carol Jelinek, Nursing Scholarship Chairman, Shepherd of the Hills United Methodist Church, with Sun Health Foundation Chief Engagement Officer Nora Hannah.

Not every scholarship begins with a single donor. Some are the result of an entire community deciding to invest in something greater than themselves.

Shepherd of the Hills United Methodist Church has built exactly that kind of tradition. Each year, the congregation raises \$30,000 to provide supplemental scholarships to Banner Del E. Webb and Banner Boswell employees who are pursuing a Bachelor of Science in Nursing degree and have already received the Warren D. Ruff Scholarship. Their gift helps close the gap between what the Ruff scholarship covers and the full cost of tuition.

In 2025, Shepherd of the Hills exceeded its annual giving target, awarding \$50,000 in scholarships, enabling 38 nurses to stay enrolled and focused while continuing to serve the patients who need them.

The generosity of Shepherd of the Hills congregants is a testament to the fact that strengthening a hospital's workforce is both an institutional responsibility and a community calling. ■

# Residents Leading the Way

## Community Living, Community Giving

Among the most heartwarming expressions of generosity in our scholarship ecosystem are the resident-funded programs at three of Sun Health's vibrant living communities: Grandview Terrace, La Loma Village, and The Colonnade.

The residents of these communities have lived long, full lives. Many have worked in healthcare, education, business, and public service. They understand the value of education and training programs so they give to support the educational journeys of the employees working where they live. Employees can pursue any area of study, though it is common for them to pursue healthcare or healthcare-adjacent programs.

Each year, residents contribute their own funds to scholarship pools; however, their involvement goes even further than writing a check. Resident-led scholarship committees take on the full work of managing applications, reviewing submissions, and selecting recipients, bringing their expertise to every decision.

"My own education was paid for through scholarships, so I never had to worry about tuition," says Jim Worzek, President, Grandview Terrace Scholarship Committee. "It's why I feel a responsibility to give others the same opportunity. Being part of this committee is my way of paying it forward."

In 2025, these three communities collectively awarded 49 scholarships totaling more than \$78,430. This generosity reflects

what makes Sun Health communities special. We are so grateful to residents for investing in the professionals who make our hospitals and their own communities places of safety, healing, and excellence.

Morgan Dimeloa, caregiver in Assisted Living at The Colonnade, has been able to earn both Bachelor's and Master's degrees in Health Administration with the support of The Colonnade's scholarship program.

"I have graduated debt-free, and you instilled the confidence that helped push me through some of the most difficult times during my program," says Morgan. "I attained a successful practicum evaluation and a 4.0 GPA. This would not have been remotely possible without you all." ■

***"The best part about serving on this committee is when an employee expresses his or her deep gratitude for the opportunity to advance their education and pursue a career path they never thought possible!"***

—Janet Rehman, Chair,  
The Colonnade Scholarship Committee

# Empowering Vibrant Longevity

## The Sun Health Center for Health & Wellbeing

For nearly 15 years, the Sun Health Center for Health & Wellbeing has been a vital resource for healthy living across Arizona's West Valley. Founded in 2011 in response to growing community need and an increasingly complex national healthcare landscape, the Center was built on the foundational belief that every person deserves the tools, guidance, and support they need to live their healthiest life.

The Center offers a comprehensive continuum of services spanning fitness, nutrition, health education, memory care navigation, massage therapy, and emergency preparedness. These offerings reach a broad and diverse population across the greater West Valley, strengthened by intentional outreach that deepens partnerships and ensures the community knows we are here to support them. In 2025, the Center delivered approximately 9,614 total program touches, reflecting the depth of community need and the reach of its mission.

Looking ahead, with your help, we intend to grow our reach, influencing more people to make choices that foster vibrant longevity. Our vision is to redefine aging, transforming associations of "limitation" to notions of "opportunity." We look forward to inspiring more people to manage their health proactively and enjoy longer lives filled with joy and purpose.

None of this would be possible without the extraordinary generosity of Sun Health Foundation donors. It is your philanthropic investment that makes the Center's programs available to West Valley community members at little to no cost, removing the financial barriers that might otherwise prevent individuals from accessing care and education that can change their lives. ■

RAISED IN 2025

>**\$156,000**

TO SUPPORT SUN  
HEALTH WELLNESS  
PROGRAMMING

# Fostering Superior Health and Wellness

# Nurturing Health Through Self-Care, Prevention, and Preparedness

Sun Health Wellness programming addresses some of the most prevalent health challenges facing adults today. Through personalized fitness consultations, nutrition services, and community health classes, the Center equips individuals and families to take an active role in their own well-being.

## Fitness Programming & Massage Services

Moderate physical activity is one of the most powerful tools for healthy aging, and at the Center, it's made accessible to all. Our general fitness classes, led by dedicated experts with specialized training, help participants build strength and flexibility and prevent physical disability while having fun. Whether Tai Chi, chair yoga, strength training, or mind-body balance, there's something for everyone. The Center also provides PWR! Moves, a Parkinson's-specific exercise program that works to improve neuroplasticity and slow the progression of Parkinson's Disease. Regardless of age or physical condition, it's possible to build both strength and social connections through these accessible and supportive classes.

In 2025, 4,518 participants attended at least one fitness class, demonstrating the consistent, community-wide demand for preventive health and active wellness services. In addition, in keeping with its whole-person approach to wellness, the Center delivered 760 massage sessions, supporting stress reduction, pain management, and overall wellbeing for participants at affordable rates.



Community members enjoy fitness classes at the Sun Health Center for Health & Wellbeing.

## All Programs

**9,614** total engagements

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## Fitness Programming

**6,418** individuals registered

**4,518** participants attended at least one class

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## Massage Services

**760** massage sessions provided

---

## Memory Care Navigator Services

**868** unique individuals served

**1,418** total service engagements

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## Nutrition Services

Poor nutrition is a widespread challenge among older adults, driven by everything from changing appetites and limited mobility to financial hardship. The Center's registered nutritionist provides a variety of no-cost nutrition classes at locations across the West Valley, offering practical education to help participants develop approaches to nutrition that support their long-term health. In 2025, 16 nutrition-focused classes reached approximately 167 participants, complementing 157 one-on-one counseling sessions and ensuring that the community had multiple pathways to better eating.

## Diabetes Prevention

The Center's Diabetes Prevention Program provides structured, year-long support for individuals at risk of developing type 2 diabetes. The program combines education, accountability, and lifestyle coaching. In 2025, 88 participants enrolled so they could make sustainable changes in how they eat, move, and manage their overall health.

*"I was motivated to lose weight, and the program helped me curb cravings and reduce calories. I went from 248 to 212 in a year, and the education you provided will stay with me for life."*

— Diabetes Prevention Program Participant

## LiveWell Community Education Classes

Knowledge is one of the most powerful catalysts for lasting health change. The Center hosted 145 community education classes in 2025 covering topics from brain health and cancer prevention to heart health, diabetes, and overall wellbeing, drawing attendance over the year of 2,330 participants. Led by physicians, nurses, and other healthcare professionals, these classes are both medically



Above: Sun Health nutritionist Sarah Fagus shares tips for making a nutritious meal. Right: Fitness among friends at the Center for Health & Wellbeing.



rigorous and genuinely engaging. Participants can attend in person at locations across the West Valley or access a growing on-demand library through the LiveWell Learning Platform, available anytime and on any device.

## Vial of Life

The Vial of Life program, a free emergency preparedness resource for West Valley residents, distributed approximately 500 kits in 2025. Each kit contains a comprehensive personal health record that first responders and loved ones can access quickly in a crisis. Simple in concept and big in impact, Vial of Life continues to show strong year-over-year growth as awareness spreads across the community. ■

## Nutrition and Community Education

**145** community education classes

**2,330** total participants

**16** nutrition-focused classes reached approximately **167** participants

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## Diabetes Prevention Program

**88** participants served

---

## Vial of Life

**500** Vial of Life kits distributed

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## Community Outreach

Participated in **153** community outreach events

# Maximizing Quality of Life for Individuals and Families Navigating the Effects of Dementia

## Sun Health Memory Care Navigator and Caring Connections Programs Touch Hundreds of Lives

The Sun Health Memory Care Navigator program is one of the largest, in-demand programs currently offered by the Center for Health & Wellbeing, a testament to the significant impact of Alzheimer's and other forms of dementia on families in Arizona. This program offers something rare—truly personalized, no-cost support to maximize quality of life for individuals living with dementia and the families and caregivers who love them. Participants are paired with a dedicated navigator who serves as a knowledgeable, compassionate guide through every stage of the dementia journey.

In 2025, program participants expressed gratitude for the individualized support that meets them where they are as well as appreciation for the opportunity to voice concerns and discuss challenges in a compassionate, solution-focused environment.

In addition, in fall 2025, the Center for Health & Wellbeing launched Caring Connections, a monthly support group for couples to attend together, where one partner is living with mild cognitive impairment or early-stage dementia. The focus is on staying connected, sharing joys and challenges, and receiving support to navigate the journey as a team. Even though this program kicked off in the last few months of 2025, it supported an impressive 57 individuals through 155 engagements. ■



Michelle Bradley, Lead Memory Care Navigator at Sun Health, connects with a community member.

“

*“Helping families navigate an uncertain future is profoundly important and impactful. Trying to work a full-time job and help my dad is frankly overwhelming, but we are now making great progress because of this program.”*

—Memory Care Navigator program participant

# 2025 Food for Thought Meeting the Growing Demand for Memory Care Services

The Memory Care Navigator and Caring Connections programs are made available in our communities at no cost, thanks to the contributions of Sun Health Foundation donors. In 2025, the Food for Thought fundraiser was created to support these services in the face of growing demand, raising \$86,000. The black-tie event, held at The Colonnade, featured a six-course, chef-crafted meal with wine pairing; the menu was curated to provide nutrients that support brain health. ■



## Behind the Growing Demand

Alzheimer's is expected to **grow faster in Arizona** than any other state, outside of Alaska.

**11 percent of individuals in Arizona** over the age of 65 have Alzheimer's.

**240,000 Arizonans** are providing unpaid dementia care.

SOURCE: ALZHEIMER'S ASSOCIATION

Donors and community members gather at the 2025 Food for Thought fundraiser to support brain health while enjoying great food and conversation.

# Board Member Spotlight

# Deborah Damery Lazear

## A Life of Chapters: Turning Passion into Purpose

Deborah Damery Lazear has never been one to stay still. She has built careers in fashion, public relations, leadership coaching, culinary arts, and wine education—living across continents and forging connections wherever she went. Today, as a Sun Health Foundation board member and the visionary behind the Food for Thought fundraiser, she channels that same curiosity and love of people into helping create a more vibrant future for older adults in the West Valley.

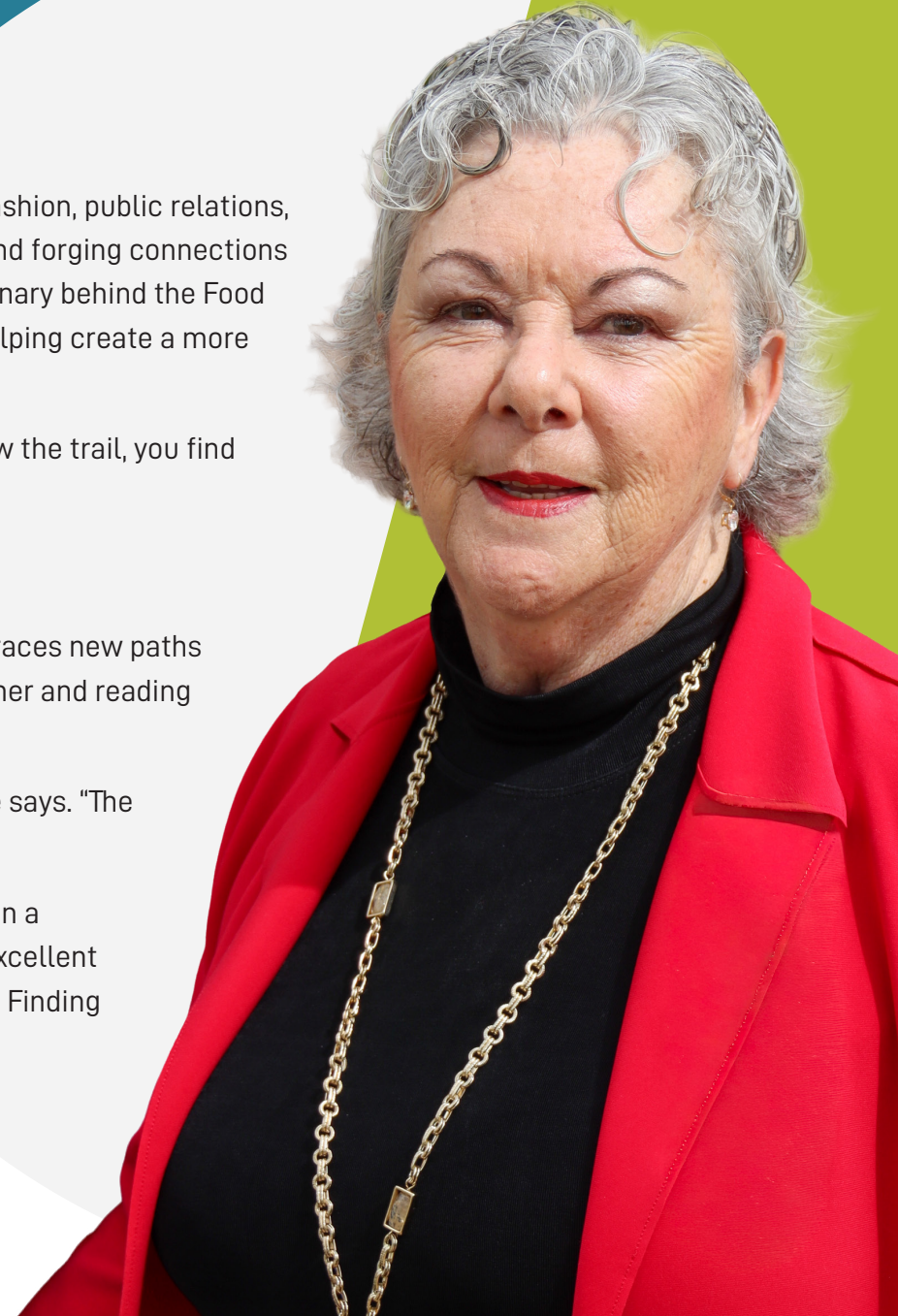
“Life is like a book. When each chapter ends, there is a path to the next. If you follow the trail, you find your options,” she says.

## Following the Trail

A self-described “pragmatic optimist,” Deborah weighs choices carefully and embraces new paths when they appear. Her worldview was shaped by childhood modeling with her mother and reading fashion magazines that opened a window to possibility.

That thirst for knowledge remains. “I don’t want to ever stop growing mentally,” she says. “The more I learn about things, the more connections flash for me.”

When Deborah and her husband moved to Arizona in 2007, she found herself living in a community shaped by the rhythms of aging, in the best way. She appreciated the excellent access to healthcare and built lasting friendships in her West Valley neighborhood. Finding Sun Health was the cherry on top.



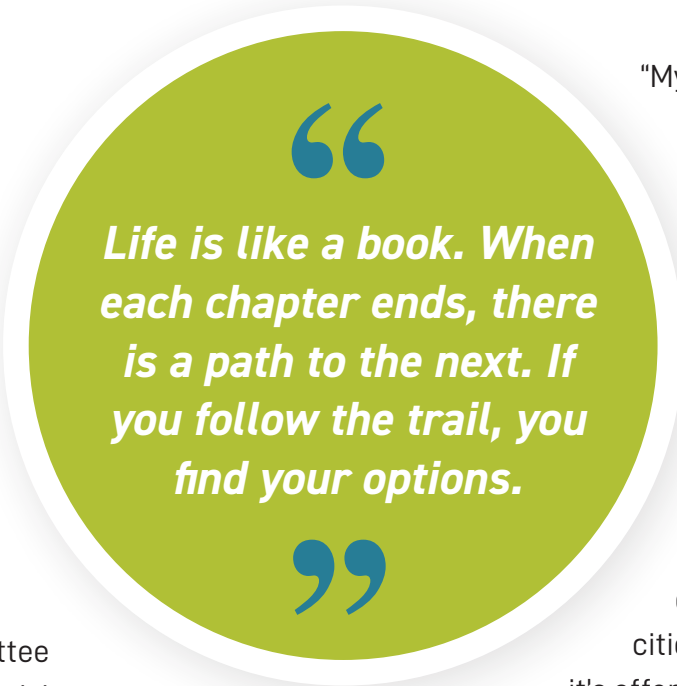
"Sun Health has helped me see aging differently than I would have otherwise," she reflects. "Now aging is fabulous. It's an opportunity to study, to learn, to work on your own health, and to help others."

## From Idea to Impact: Food for Thought

Deborah's resourcefulness fuels her work. "If a way doesn't exist, I create it," she notes. Shortly after joining the Foundation Board, she joined the committee tasked with developing a signature fundraising event. Drawing on her background in wine education and her passion for bringing people together, she helped create Food for Thought, which debuted in 2025 as a celebration of culinary delight and community connection. In 2026, it returns with a lively "Spanish Fiesta" theme. All proceeds support the Sun Health Memory Care Navigator program.

## A Personal Connection to Memory Care

Deborah's father had Alzheimer's disease, and her mother navigated caregiving alone from their home in Nova Scotia, an experience Deborah describes as "overwhelming." Her family had no guide, which is why the program means so much to her.



*Life is like a book. When each chapter ends, there is a path to the next. If you follow the trail, you find your options.*

"My dad was a navigator in ocean racing. He plotted the course and communicated it to the crew so they could get where they needed to be. The Memory Care Navigator does the same thing. Everyone's course is different, but no one has to sail it alone."

Navigators assess needs, build care plans, connect families with resources, and coordinate communication so no one must face dementia alone. "How many towns and cities can say they have this service, and that it's offered at no cost?" Deborah asks.

## Why Your Support Matters

For Deborah, philanthropy is about belonging to something bigger than yourself and experiencing the very real difference that belonging makes. "We are hardwired to connect, relate, and help others," she says. "When you are a donor, your sense of belonging is highly elevated, and it is real. You do belong, and we do need you."

Deborah and her husband David recently signed the papers to move into one of Sun Health's vibrant living communities. She sees the work she does today as an investment in the life she and so many others will live tomorrow—a fitting reminder that for Deborah Damery Lazear, every chapter leads somewhere worth going. ■

# Community Learns from Top Physicians at Coffee Connections 2025

Sun Health Foundation was proud in 2025 to continue its tradition of facilitating learning and engagement over coffee! The Coffee Connections event series, provided at no charge to community members and offered at a variety of locations in the West Valley, provides a unique opportunity to engage in insightful conversations and learn from experts in medicine, health, and wellness.

In 2025, more than 400 participants heard directly from Banner medical doctors who are leaders in their fields, covering topics including valley fever, heart health, skin cancer, and esophageal cancer. ■



## Did You Know?

You can revisit a Coffee Connections topic or catch up on a missed session by accessing our video library of previously recorded sessions at: [sunhealthfoundation.org/coffee-connections](https://sunhealthfoundation.org/coffee-connections)



Donors and community members enjoy an inside look at advancements in robotic-assisted surgery.



Community members fill the seats at a popular Coffee Connections session.

*"I enjoy and love the Coffee Connection events because they are an opportunity to hear about interesting topics from physicians and other professionals who are experts in their fields. It's an excellent opportunity to gain knowledge about maintaining health and wellbeing and to stay updated on what Sun Health Foundation is doing for the community. As a Sun Health Foundation donor, it brings me joy to be part of such an amazing organization."*

— Mary Lou Goodfriend, Sun Health Foundation donor

# Living Well Together

## The Launch of LiveWell Conference

### Sun Health's inaugural two-day conference brought attendees expert knowledge, community connection, and practical tools for healthier, longer lives.

Something meaningful took root in the West Valley in 2025. For two days, hundreds of residents gathered for the inaugural LiveWell Conference, a first-of-its-kind event organized by Sun Health and the Sun Health Foundation. The conference offered expert keynotes, interactive workshops, health screenings, and community connection, all centered on the idea that living well is both a science and a practice, and it's never too late to start.

Sun Health conceived of LiveWell Conference as a celebration of the possibility of extending not only lifespan but also healthspan—ensuring that the years ahead are filled with purpose, connection, and vitality. That spirit defined every dimension of the conference, from the nationally recognized keynote and plenary speakers to the onsite resources that put practical wellness tools directly in attendees' hands.

"The LiveWell Conference reminded me that it's never too late to invest in your health," says Jessica Rodriguez, Director of Guest Services, Banner Boswell and Banner Del Webb medical centers and LiveWell 2025 attendee. "I loved the real-world strategies, the practical tips from inspiring speakers, and the focus on all ages. The sense of community was powerful—what we learn here isn't just for ourselves, but for our families, neighbors, and anyone we care about."

The LiveWell Conference was designed from the start to address health and wellness in its fullest sense—physical, cognitive, emotional, and social. Attendees heard from thought leaders and researchers on subjects ranging from gut microbiome health and epigenetic aging clocks to cardiovascular care and the science of human happiness.



**Arthur Brooks, Harvard professor, bestselling author, and social scientist, delivers a keynote address on the art and science of getting happier at LiveWell 2025.**



*“In just two days, the LiveWell Conference delivered an impressive range of wellbeing insights from leading experts, many of whom continued conversations with attendees between sessions. Even months later, we’re still applying what we learned. One session, A Brain-Friendly Life, offered practical tools to manage cognitive overload and reduce everyday ‘glitching,’ and it’s stayed with us ever since. We are so fortunate to benefit from Sun Health’s incredible work and from the generosity of the donors who make it all possible.”*

—Bob Gehrke, Sun Health Foundation donor, and Shirley Frizell, Sun Health Foundation board member

Arthur C. Brooks delivered a visionary keynote on what the research tells us about living a fulfilling life, while Dr. Marisa Menchola captivated audiences with her session on brain-healthy living. “We loved the presentation from Dr. Marisa Menchola,” say Leonard J. Kirschner, MD, MPH, and Peggy Kirschner, Sun Health Foundation donors. “It was both informative and inspirational.”

Sessions on healthy age-related brain changes, a blood test for Alzheimer’s disease, and evidence-based approaches to health and longevity brought cutting-edge science to everyday attendees in accessible, empowering ways. Workshops on practical well-being and panels on social and emotional connection rounded out the program. Attendees were also able to connect onsite with community organizations and access reduced-price wellness services.

“The LiveWell Conference impressed me with its exceptional organization and the rare opportunity to explore so many dimensions of healthy living in one welcoming, easy to navigate place,” says Beth O’Connor, Sun Health at Home member and Sun Health Foundation donor. “I appreciated the golf carts that helped attendees move comfortably between venues, as well as the chance to connect with community organizations and access reduced price services right on site—I even had a bone scan done!”

The impact of LiveWell Conference has continued well beyond the closing session. Attendees left with notebooks full of insights and strategies they’ve actively put to use in their daily lives. Fueled by this engaged response from both donors and the community, Sun Health Foundation will bring LiveWell Conference back in 2026, with plans to expand its reach and impact even further. ■



**As you explore the pages that follow, I hope you feel the profound impact your generosity has made across our community.** Every name listed here represents a commitment to strengthening health, dignity, and connection in the West Valley.

Because of donors like you, patients are receiving more advanced and accessible care, families navigating memory loss are finding meaningful support, and individuals of all ages are benefiting from wellness programs that inspire healthier living.

Your partnership also fuels promising research, educational opportunities for future healthcare professionals, and community initiatives that bring comfort, learning, and hope to thousands.

Thank you for the trust you place in Sun Health Foundation and for the many ways you elevate our mission. We are honored to recognize you.

With appreciation,



**Claudia Vazquez**  
Associate Vice President  
of Philanthropy  
Sun Health Foundation

**Creating  
a Culture  
of Giving**

# Legacy Leaders

We proudly honor our Legacy Leaders whose thoughtful planned gifts help shape the future of Sun Health Foundation. You are providing vital long term support that empowers us to plan strategically, innovate confidently, and sustain our community impact well into the future.

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Dr. Roger B. Anderson

The Estate of Joan A. Anderson

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Ms. Susan C. Arnold

Ms. Mary E. Autio

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Dr. and Mrs. Walter M. Kalback

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 Mrs. Aloise J. Wrobel  
 Mr.^ and Mrs. Daniel L. Young

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KEY:  
 \*Deceased  
 ^ Board Member  
 ^^ Former Board Member



# Donor Spotlight

## Birt and Louisa Kellam

### A Legacy of Care: Honoring Birt Kellam

In Sun City West, lasting impact is shaped by generosity, vision, and a commitment to caring for neighbors—qualities Birt Kellam embodied fully.

After moving to the community, Birt became a dedicated advocate for expanding local, superior healthcare. His service on the Sun Health Foundation board reflected his belief that strong communities depend on strong healthcare systems.

Birt and his wife, Louisa, recognized an important gap: women in the West Valley often had to travel far for specialized care. Together, they championed the creation of comprehensive women's healthcare close to home, helping expand services at Banner Del E. Webb Medical Center. When the women's health center opened in 2002, it carried Louisa's name—a decision Birt supported wholeheartedly, believing a women's center should be led by a woman's identity.

Birt passed away in October 2023, leaving a legacy of humility, integrity, and service. In 2025, Louisa made a heartfelt gift to honor her husband and their shared commitment to the community. She expressed that placing his name alongside hers finally reflects the partnership behind their vision.

In recognition of her tribute and their lasting impact, the center has been renamed the **Birt & Louisa Kellam Center for Women's Health**. This new name tells the true story of their shared leadership and ensures that Birt's legacy continues to inspire and support families across the West Valley for generations to come.





# Birt and Louisa Kellam Center for Women's Health

# 2025 Donors Individuals

We recognize donors who made total gifts of \$500 or more from January 1, 2025, through December 31, 2025, in support of Sun Health Foundation initiatives.

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Birt\*^^ and Louisa Kellam  
Mrs. Doris J. Rettger\*

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Dr. Mary Hope Underwood

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Frank Olsson  
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Claudia and Ricardo Vazquez  
Mrs. Chizuko N. White  
Dr. and Mrs\*. Robert Williamson  
Mrs. Merle H. Winstead

### **\$500.00 to \$999.99**

Anonymous (13)  
Doris Adams  
Ms. Dortha Apland\*  
Mr. and Mrs. Charles H. Auer  
Alden Awerkamp  
Mr. and Mrs. Michael J. Baker  
Dr. Merlynn R. Bergen  
Larry Berkowitz and Ann Stubenrauch  
Stan and Shirley Borman  
Pamela Briggs  
Ms. Elizabeth Burke  
Ann Caren  
Louise Cascarano  
Debbie Clauss  
Linda Cotton  
Claudia and Frank Cucitro  
Mrs. Sara E. Dean  
Rick and Gina Degraw

## 2025 Donors **Individuals** *(continued)*

Sara Jo Dew  
Jon Dillingham and Jane Shyne  
Dr. Randall Kohltfarber and  
Ms. Theresa Dion  
Mr. and Mrs. Lee A. Dodgion  
Mr. Brian and Mrs. Shannon Dowdall  
Ms. Margot Eckes\*  
Mary Barbara Eddy  
Laurence and Jane Eidt  
Daniel^ and Ke Liu Esparza  
Dr. Sandra Evans  
Lawrence D. and Nancy J. Foy  
Mrs. Donnarae B. Freyermuth  
Mr. Robert F. Gehrke  
Sal Giacomazzo  
Mr. Donald Gill  
Stephanie Gilmore  
Dr.^ and Mrs. H. Virgil Grumbling, Jr  
Col. and Mrs. Philip J. Hanson  
Cynthia Hoak  
Jim and Karen Janas  
Mr.^\* & Mrs. Richard F. Jaskowick  
Mrs. Tamara Jones  
Mr. and Mrs. Frederick Kirkpatrick  
Mrs. Linda Leonard  
Ms. Betty Lynch  
Michael^ and Robin Mandell

Mr. and Mrs. Richard Mayfield  
George and Eleanor McCormick  
Tom and Barb McGinley  
Mr. and Mrs. Winston McKean  
Dr. G. Robert^^ and Rae K.^ McMillan  
Sally and Bob Morton  
Mr. Joseph T. Muldoon  
Don Mullen and Karen Griffith  
Ms. Joye Mullins  
Mr.^ and Mrs. Gordon D. Nichols  
Wendy Norman  
Patricia O'Neil  
Mr.^ and Mrs. Herman L. Orcutt  
Bruce and Martie Outzen  
Ms. Mary Anne Poggenburg  
Dr. Michael\* and Mrs. Peggy Pollay  
Judith L. Potts  
Mr\*. and Mrs. James R. Radley  
Mr. and Mrs. John Rehman  
David and Jennifer Rinkes  
Snaque Rollo  
Mrs. Gherrie A. Routzahn  
Edward and Amy Runge  
Glenn and Patricia Sallberg  
Mrs. Ethel M. Scarlett  
Sweta and Archan Shah  
James and Dolores Sherman

Mr. Saul N. Silbert\*  
Christine M. "Chickie" Smith  
G. Bryant Smith  
Bruce and Joan^^ Smith  
Paul and Jackie Stavros  
Mrs. Janet Steele  
Jean Stewart  
Mary Stolz  
Bob and Karen Suhr  
M. J. Sutton  
John Swingle and Jan Meyer  
Mrs. Carolyn B. Tasson  
Mr. Roger Tharp  
Herman and Kim Thompson  
Mr. and Mrs. Gary S. Turner  
Mrs. Linda Van Peurse  
Bruce and Debi Williams  
Jane Willis  
Roger and Arlys Withee  
Mr. and Mrs. Chuck Worst  
Richard Zell and Bonnie Gentry

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### KEY:

\*Deceased

^ Board Member

^^ Former Board Member

# 2025 Donors Organizations

Our 2025 impact was elevated by organizations whose generosity and shared commitment strengthened our mission.

## **\$50,000.00 to \$99,999.99**

Banner Boswell Medical Center Team Members  
Banner Del E. Webb Medical Center Team Members  
Shepherd of the Hills United Methodist Church Foundation

## **\$25,000.00 to \$49,999.99**

Banner Health  
McCarthy Building Co  
Morrison Living  
UMB Bank

## **\$10,000.00 to \$24,999.99**

BHHS Legacy Foundation  
Charles Stewart Mott Foundation

## **\$5,000.00 to \$9,999.99**

Advantage Refrigeration Inc  
Aetna  
The Arizona Republic 12 News Season for Sharing

Belmontez Construction  
Haydon  
Thunderbirds Charities

## **\$2,500.00 to \$4,999.99**

Bradford's Auction Gallery  
Bram Flooring, LLC  
GCON, Inc.  
Gentle Hearts Living Solutions  
Spencer Fane LLP  
Sun City West Softball Club  
Todd & Associates, Inc.  
Ziegler Investment Services Group

## **\$1000.00 to \$2,499.00**

Banner | Aetna  
Big Rock Equipment  
Buchalter Nemer  
City of Goodyear  
Coeus Consulting, LLC  
Colliers Engineering & Design  
Compassionate Home Care

FORVIS  
FYZICAL  
Grace. Design Studios  
HUB International  
Hardesty LLC  
Home Instead Senior Care  
Hospice of the Valley, Inc  
Jones Skelton & Hochuli PLC  
Mom 365  
PAM Health Rehabilitation Hospital of Surprise  
Wigwam Arizona

## **\$500.00 to \$999.99**

Bel-Tronics Communication System  
Client Focus Printing  
Contexture  
Dillard's Department Store  
Orion Development Consulting LLC

# Donor Spotlight

## Stan Rubinstein and Christine Sevcik

### Turning Retirement Assets into Lasting Community Impact

Stan Rubinstein and Christine Sevcik have long believed in giving back to the community they call home. As residents of Freedom Plaza, a Sun Health community, they wanted to help ensure that the care, services, and mission they value today will continue to serve others well into the future. Stan and Christine explored ways to make a meaningful gift while maintaining their financial security. Stan found an approach that aligned both goals: establishing a charitable gift annuity (CGA) funded through a Qualified Charitable Distribution (QCD) from an IRA.

"We are at the stage of our life where healthcare is important, and we want to support it," says Stan. "The Charitable Gift Annuity program at Sun Health Foundation is a good bang for the buck and others need to know about it and its benefits."

Before the SECURE 2.0 Act, implemented in 2023, distributions from IRAs to CGAs were taxed at rates as high as 37 percent, making it a less popular form of planned giving. However, with this recent legislation, individuals at least 70.5 years old can now make a one time Qualified Charitable Distribution (QCD) up to \$55,000 directly from their IRA to fund an income-generating CGA – and the transfer is completely tax-free.



"I believe in what Sun Health Foundation is doing and seeing how easy it was to make the type of gift Stan did, I wanted to do the same," says Christine. "Banner Boswell Medical Center is the closest to our home at Freedom Plaza and we want to support that hospital as well as the research at Banner Sun Health Research Institute."

A CGA provides guaranteed income for life for one individual, a spouse, or both. Payments are taxed but are fixed and dependable, unaffected by market volatility. It's like a contract providing lifetime income in exchange for a donation. Over time, after the annuity payments have been made, the remaining value becomes a legacy gift that supports Sun Health Foundation's mission and strengthens the future of services and programs across the West Valley.

Charitable gift annuities help Sun Health Foundation sustain innovation, respond to evolving community needs, and ensure compassionate care endures for generations.

***"The Charitable Gift Annuity program at Sun Health Foundation is a good bang for the buck and others need to know about it and its benefits."***

—Stan Rubinstein, Sun Health Foundation donor

## Funding a CGA directly from your IRA can help you:



**Satisfy** your required minimum distribution (RMD) for the year, tax-free.



**Lower** your Adjusted Gross Income for tax efficiency while potentially limiting increases in Medicare premiums.



**Boost** your lifetime income, while making a lasting charitable impact.

"Planned gifts like Stan and Christine's provide more than support – they provide stability," says Claudia Vazquez, associate vice president of philanthropy at Sun Health Foundation. "We are so grateful to them, and to all donors whose foresight strengthens our mission and helps ensure brighter, healthier futures across the West Valley." ■

# Women of Distinction

Women of Distinction inspires and empowers accomplished women to become visionary donors and a collective, significant force championing initiatives supported by Sun Health Foundation.

Doris J. Adams  
Joyce Auer  
Roslyn P. Beckwith^  
Carolyn M. Booy  
Pamela Briggs  
Judith Brodzeller  
Cynthia Bryniarski  
Margaret P. Clark  
Ronda Clark  
Linda Cotton  
Claudia Cucitro  
Sara E. Dean  
Theresa Dion  
Patricia A. Willey Deblasi\*  
Sandra Evans  
Louie B. Ferrell  
Donnarae B. Freyermuth  
Shirley J. Frizell^  
Paula Garrott  
Stephanie A. Gilmore  
Gracie Carter Greenwald  
Marsha Hanson  
Sarah Haskell  
Marcia C. James

Karen L. Janas  
Joyce F. Jaskowick  
Kathleen L. Jones  
Gloria R. Joyner  
Louisa J. Kellam  
Peggy Kirschner  
Pamela Gralton Kohnen  
Irene H. Kovala, PhD^  
Linda S. Leonard  
Anne S. Levig  
Betty Lynch  
Mary Cavanaugh Marsh^  
Sandra R. Martinson  
Eleanor McCormick  
A. Colleen McKemie  
Nancy G. Miller  
Joye Mullins  
Linda Nichols  
Sharon Orlopp^  
Martha Outzen  
Monica S. Page  
Linda Pfingsten  
Penny Pinter  
Peggy Pollay

Norma (Snaque) Rollo  
Debbie Rost  
Gherrie A. Routzahn  
Anna J. Scheidt  
Christine "Chickie" M. Smith  
Leta Sproule  
Sandra Stephenson^  
Mary Stolz  
Lael G. Summer  
Marti J. Sutton  
Carolyn B. Tasson  
Kimberly Thompson  
Linda Van Peurseem  
Claudia Vazquez  
Susan L. Webster  
Nannine H. Wheeler^^  
Sally Williamson  
Jane Willis  
Elinor R. Workman  
Carol Worst

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KEY:

\* Departed

^ Board Member

^^ Former Board Member



# Sun Health Resale Shop A Community Treasure Powered by Volunteers and Shoppers

**11,692**  
VOLUNTEER HOURS  
CONTRIBUTED  
IN 2025

In 2025, the Sun Health Resale Shop generated approximately \$600,000 to strengthen local health care and wellness services while serving as a welcoming community hub. The shop transformed every donation, purchase, and volunteer hour into meaningful impact and shared a portion of its revenue with the Sun City West Foundation to support community programs.

This year, an average of 70 volunteers per month contributed more than 11,692 hours—a remarkable 487 days' worth of time dedicated to keeping the shop thriving.

Long-time volunteer Keith Rauch has been volunteering at the shop five days a week for the past 11 years. "Sun Health Foundation is a wonderful charity, so I wanted to give my time to help with the cause," Keith shares. "What I enjoy the most about it is the friendly staff, volunteers, and customers."

Throughout 2025, the Resale Shop delighted customers with unique finds, from unopened items to treasures from around the world. The year also featured a joyful fashion show with volunteer models, hot chocolate, and plenty of fun.

"Our volunteers build friendships, gain confidence, and create a welcoming space where everyone feels valued," says Krystal Jones, Manager, Sun Health Resale Shop. "For many in our community, visiting is about more than shopping; it's about connecting with good friends."

To our volunteers and customers, thank you. Your dedication, generosity, and spirit make a big impact on the lives of families, friends, and neighbors across our community. ■

*"Our  
volunteers  
are the heart  
of the shop."*

—Krystal Jones,  
Manager, Sun Health  
Resale Shop



# Better Together The Power of Employee Giving and Service

At Sun Health, generosity is a defining part of who we are. The Better Together program, an employee led initiative, continues to demonstrate the incredible impact that collective compassion can make across our campuses and throughout the West Valley.

In 2025, Sun Health employees deepened their commitment to giving, doubling participation in the payroll deduction program and significantly increasing the funds raised in support of Banner Boswell, Banner Del E. Webb, and Sun Health Wellness programs. When combined with contributions from Banner employees, total employee giving surpassed an impressive \$158,000.

Sun Health employees also volunteer their time, talent, and heart to serve causes and communities that matter deeply to them. From community focused events to local service projects, their efforts strengthen the West Valley and create meaningful change for residents and neighbors alike.

Through initiatives like Operation Thanksgiving, the Christmas Food Drive, and the annual Employee Appreciation Funds supported by Sun Health Community residents, employees help ensure that families in need experience comfort, nourishment, and joy.

In every way, Sun Health employees prove that we are truly Better Together. Their giving spirit, dedication, and volunteerism not only strengthen our organization, but also uplift thousands across the West Valley. We are deeply grateful to each employee donor and volunteer who helps advance our mission and who continues to make a lasting difference every day. ■

>100%  
**INCREASE**

IN PARTICIPATION IN SUN HEALTH  
EMPLOYEE GIVING PROGRAM



**\$158,000**

CONTRIBUTED BY SUN HEALTH  
AND BANNER EMPLOYEES



# Sun Health Foundation Staff

**Francis Awinda**, Donor Database Specialist

**Stephanie Bridgeo**, Director of Philanthropy

**Dionna Geiser**, Manager of Corporate and Community Events

**Pamela Gralton Kohnen**, Senior Director of Philanthropy

**Nora Hannah**, Chief Engagement Officer

**Cheryl Hunter**, Sr. Coordinator of Stewardship and Engagement

**Krystal Jones**, Manager, Sun Health Resale Shop

**Joe La Rue**, President

**Melissa Leonard**, Director of Donor Engagement and Operations

**Eileen Neill**, Executive Assistant

**Bonnie Robinett**, Stewardship Specialist

**Max Thatcher-Doyle**, Retail Supervisor, Sun Health Resale Shop

**Claudia Vazquez**, Associate Vice President, Philanthropy

**MaryBeth Warren**, Retail Supervisor, Sun Health Resale Shop

**Jay Whitlock**, Courier, Sun Health Resale Shop

**Meghann Wilson**, Estate Administrator

